

# East St. Margaret's

**MAY 2026 NEWSLETTER**

Office Phone: (902) 823-2463 Email: [estm@hrce.ca](mailto:estm@hrce.ca) Website: [esm.hrce.ca](http://esm.hrce.ca)

## PRINCIPAL'S MESSAGE

Dear Families,

As we continue into the 3rd term, our school is full of energy with many events, activities, and learning opportunities taking place. It's always a busy and exciting time of year!

Amid the busyness, our focus remains steady: supporting learning, teaching about and reinforcing respectful relationships, and ensuring student safety in all that we do.

We appreciate your continued support in reinforcing these values at home and helping students come to school ready to learn and contribute positively to our community. Thank you for being an important part of our school!

Yours in leaning,  
Wendi Tekamp, Principal

## DATES TO REMEMBER

**MAY 7**

Grade 6 Trip to Five Bridges Jr. High

**MAY 18**

Victoria Day - NO SCHOOL

**MAY 21**

Grade 3-6 Trip to Pottery Lab

**MAY 28**

10:30 AM - Drama Club Performance

**May 30**

Spring Fling (Rain Date: May 31)

## SPRING FLING

Mark your calendars! The Annual ESM Spring Fling will be held on May 30\* from 11 am to 2 pm. There will be a BBQ, face painting, an inflatable fun house and slide, and MORE!!! All students will receive some tickets for activities; additional tickets will be sold - CASH ONLY! You don't want to miss this fun event hosted by the ESM Home & School Association.

\*Rain Date: May 31.

## SPRING FLING VOLUNTEER CALL

WE WANT TO THROW AN AMAZING CARNIVAL THEMED SPRING FLING FOR THE KIDS AND RAISE MONEY FOR OUR SCHOOL! TO MAKE THIS HAPPEN WE WOULD LOVE TO HAVE YOU JOIN US.

WE NEED VOLUNTEERS FOR THE EVENT & FOR FUNDRAISING LEADING UP TO THE EVENT. THIS IS FOR GRANDPARENTS TOO WHO ARE WANTING TO BE MORE INVOLVED.

**WE ARE LOOKING FOR:**

- DECORATING CREW
- FOOD CREW
- SET UP OR BREAKDOWN
- GAME CREW

WE ARE ALSO LOOKING FOR BUSINESSES FOR SPONSORSHIPS OR PRODUCT DONATIONS FOR THE RAFFLES.

**TO JOIN:**

EMAIL [ESMSPRINGFLING@GMAIL.COM](mailto:ESMSPRINGFLING@GMAIL.COM)

THANK YOU!  
CO-CHAIRS NICOLE MCINNIS & KRystal BOUTLIER



# Home & School Association Executive Committee CALL FOR NOMINATIONS



ESM has an active Home & School Association made up of dedicated parent volunteers, teachers, and administrators. We are currently seeking nominations for the Executive Committee of the Home & School Association. The Executive Committee consists of one (1) Chair, one (1) Vice-Chair, one (1) Secretary/Treasurer, and two (2) Members-at-Large. Those elected to each position will serve a two-year term beginning September 2026. You may nominate yourself by emailing ESM at [estm@hrce.ca](mailto:estm@hrce.ca), indicating the position of interest. The slate of candidates will be presented to the school body via email on June 1, 2026. The election will be held at the June 10 Home & School General Meeting.

## Black Excellence Day – May 15

On May 15, we celebrate Black Excellence Day in Nova Scotia and take the opportunity as a school to recognize, celebrate, and learn from the achievements, contributions, and leadership of Black individuals and communities. More than a single-day celebration, Black Excellence is the recognition of meaningful steps toward strengthening inclusive learning environments where all students see themselves reflected in curriculum materials, through the stories we tell and the histories we honour.

The purpose of celebrating Black Excellence at ESM is to affirm student's identities, build confidence, and inspire futures by highlighting the impact Black people have made in education, science, arts, leadership, and community advocacy. It reflects and celebrates thoughtful conversations in schools about equity, representation, and the ongoing work to remove systemic barriers.

**We welcome everyone to wear a black shirt, if you're able, on May 15 to show your support for Black Excellence Day!**

## Screen Free Summer

As summer approaches, many families are thinking about screen time. This article introduces the idea of a "digital diet," encouraging a focus on the quality and purpose of screen use rather than just limiting it. It offers practical way to help children build healthier, more balanced habits with technology. Read more [here](#).

## Student Footwear

At ESM, we value physical activity, and it is an important part of our daily routine. Safe physical activity on the playground and in the gym requires proper footwear.

While open-backed slip-on sandals and "Crocs" are not restricted, shoes with flat, non-skid soles and good heel support should also be sent to school with your student(s) daily to ensure their safety during physical activity.

