

East St. Margaret's

MAY 2025 NEWSLETTER

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Principal's Message

It seems like only yesterday that we were talking about the start of the school year. Now here we are talking about Spring Fling, planning for end of year field trips, and thinking about sunscreen! This spring is looking so positive here at ESM, and the students are enjoying the spring sunshine. **ALL FAMILIES** please take note of the survey request below. The HRCE wants to know if there is any interest in having a Before and After School program (EXCEL) at ESM. Please respond without delay if this is a program that would be beneficial to your family. Prices and detailed information are included in the survey document.

-Mr O'Brien

DATES TO REMEMBER

MAY 1

Home & School Virtual Meeting
6PM - [JOIN HERE](#)

MAY 7

Grade 3/4 Trip to Discovery Centre

MAY 9

Grade 6 Trip to Five Bridges Jr. High

MAY 24

Spring Fling (Rain Date: May 25)

MAY 30

Grade 5/6 Trip to Bayside Camp



On May 28, ESM will once again be participating in the Jump Rope for Heart program. Students will enjoy jumping activities in their PE classes, and we will be collecting loose change for donation to the Canadian Heart & Stroke Foundation.

SPRING FLING

Mark your calendars! The Annual ESM Spring Fling will be held on May 24* from 11 am to 2 pm. There will be a BBQ, face painting, an inflatable fun house and slide, and MORE!!! Tickets will be sold for all activities - CASH ONLY! You don't want to miss this fun event hosted by the ESM Home & School Association.

*Rain Date: May 25.

EAST ST. MARGARET'S EXCEL PROGRAM INTEREST SURVEY



Thanks to everyone who filled out an EXCEL program interest survey in the fall. We had a great response! With program registration for September 2025 coming soon, we have been asked to send out a follow-up survey to confirm there is continued interest in having a Before and After-School program here at ESM. In order to move on to the next steps in the process, it is very important that you fill out this survey. **Deadline for survey submission is May 5 at 4:00 PM.**

Please note - this form is NOT a registration form and does not guarantee a spot in any Before and After-School program nor does it guarantee a program will be implemented at ESM. Program implementation occurs when the number of interested students reaches a certain threshold. If you have any questions or concerns, please reach out to the ESM Office.

[East St. Margaret's EXCEL Survey](#)

Kids Run Club

Our Kids Run Club kick off in April was a HUGE success with a record-setting 27 students participating! On May 1, we welcomed a special guest - Alli from Athletics Nova Scotia, who introduced our Run Club participants to a variety of Track & Field activities. Students had fun running, jumping, AND throwing! Run Club will continue on Thursdays through May.



Black Excellence Day May 15

Black Excellence Day is about acknowledging, celebrating, and uplifting Black contributions while fostering a more inclusive and equitable environment by:

- Celebrating Achievements
- Promoting Equity & Inclusion
- Education & Awareness
- Empowerment & Inspiration
- Community Engagement



STUDENT FOOTWEAR

At ESM, we value physical activity, and it is an important part of our daily routine. Safe physical activity on the playground and in the gym requires proper footwear. While open-backed slip-on sandals and "Crocs" are not restricted, shoes with flat, non-skid soles and good heel support should also be sent to school with your student(s) daily to ensure their safety during physical activity.

